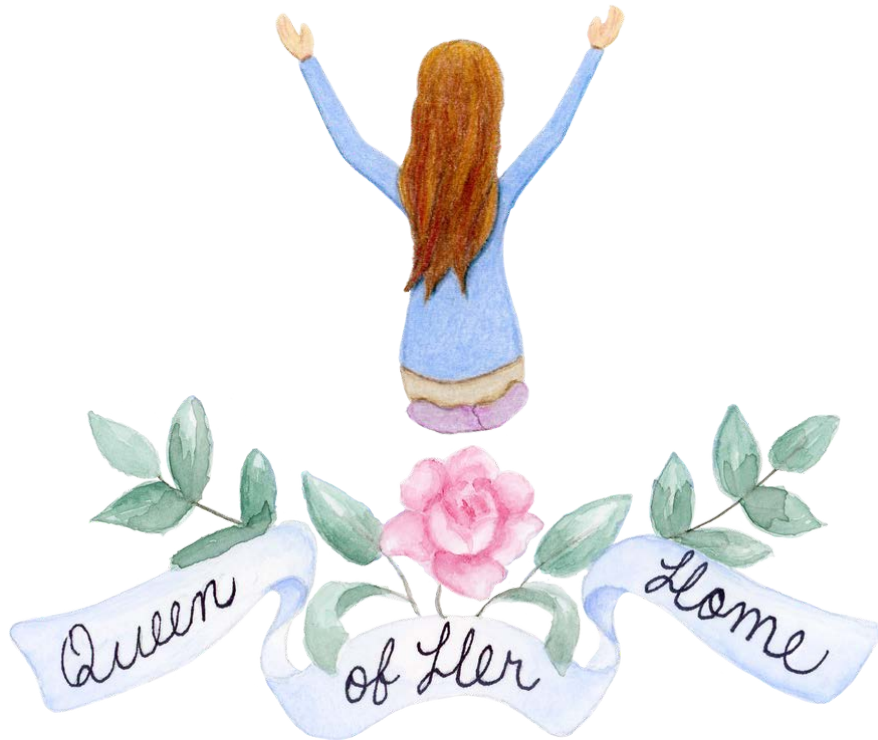




PRAYING

PSALM 91 (NLT)



Celina M Baginski



FIND REST IN THE SHELTER OF
THE MOST HIGH GOD



PSALM 91 WAS WRITTEN AS A RESULT OF EXODUS 33

In Exodus 33, Moses asks God to show him His face. However, God in His mercy told Moses that he could not see him face to face because His glory would be too much for him to contain. If Moses saw God's face, his earthly body would not have been able to handle it and he would have died. So, God told him to stand in the cleft of a rock and he would see a glimpse of Him as He passed by. When this happened, Moses essentially realized that in this place of protection, he was completely protected and sheltered by the Most High God. From this place is where Moses wrote Psalm 91.

EXODUS 33:15-23

15 Then Moses said, "If you don't personally go with us, don't make us leave this place. 16 How will anyone know that you look favorably on me—on me and on your people—if you don't go with us? For your presence among us sets your people and me apart from all other people on the earth."

17 The Lord replied to Moses, "I will indeed do what you have asked, for I look favorably on you, and I know you by name."

18 Moses responded, "Then show me your glorious presence."

19 The Lord replied, "I will make all my goodness pass before you, and I will call out my name, Yahweh, before you. For I will show mercy to anyone I choose, and I will show compassion to anyone I choose. 20 But you may not look directly at my face, for no one may see me and live." 21

The Lord continued, "Look, stand near me on this rock. 22 As my glorious presence passes by, I will hide you in the crevice of the rock and cover you with my hand until I have passed by. 23 Then I will remove my hand and let you see me from behind. But my face will not be seen."

PSALM 91



1 Those who live in the shelter of the Most High
will find rest in the shadow of the Almighty.

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2 This I declare about the Lord:
He alone is my refuge, my place of safety;
he is my God, and I trust him.

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3 For he will rescue you from every trap
and protect you from deadly disease.

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4 He will cover you with his feathers.
He will shelter you with his wings.
His faithful promises are your armor
and protection.

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5 Do not be afraid of the terrors of the night,
nor the arrow that flies in the day.

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6 Do not dread the disease that stalks in darkness,
nor the disaster that strikes at midday.

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7 Though a thousand fall at your side,
though ten thousand are dying around you,
these evils will not touch you.

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8 Just open your eyes,
and see how the wicked are punished.

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9 If you make the Lord your refuge,
if you make the Most High your shelter,

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10 no evil will conquer you;
no plague will come near your home.

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11 For he will order his angels
to protect you wherever you go.

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12 They will hold you up with their hands
so you won't even hurt your foot on a stone.

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13 You will trample upon lions and cobras;
you will crush fierce lions and serpents under
your feet!

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14 The Lord says, "I will rescue those who love me.
I will protect those who trust in my name.

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15 When they call on me, I will answer;
I will be with them in trouble.
I will rescue and honor them.

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16 I will reward them with a long life
and give them my salvation."

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